

# *Eurythmy as Visible Speech*

## *Consonants -- The Formative Forces in Language*

**Language** meets us from two realms: that of the *consonants* and that of the *vowels*.

The *consonants* dance with the sculptural forces that shaped creation.

When we speak the consonants, we mold our exhaled air by the manifold miniature muscles and structures of the palate, tongue, teeth and lips, shaping them with explosive, liquid, round or sibilant gesture. We use these sparkling sounds to describe mountains and rivers and stars, to all the things of nature and all the things we have made.

The sculptural forces that we find in the consonants have likewise formed the shape of our body, the temple for our spirit. The same will and wisdom and movement found in the universe around us live within us as well.

When we move the consonants in eurythmy, we *awaken* and *embody* the cosmic-earthly forces that shaped the world as we know it.

Each of the 12 signs of the zodiac is home to one or more of the primary consonants. These consonants can be experienced as an expression of the native power of the constellation. There are other constellations that are formed of the joint working of one or more constellations, such as sh and th.